

## The Magic of Manifestation

Manifestation is the result of creation. Creation is born in our thoughts. What we manifest is what we think about. Creation is not random. There is an energy force behind it. The pathway that thought energy travels is desire, intent, clarity and action. Our feelings are the unseen, yet powerful, force behind our thoughts. Every thought we send out is equivalent to placing an order with the Universe. For instance, when we go to a restaurant we fully expect to receive the exact order we placed with the waiter. If we place an order for fried chicken, we expect fried chicken. We don't give the waiter an order of tofu and broccoli when we want and expect fried chicken! It is very easy to manifest our desired order in a restaurant.

Manifesting with the Universe may take a bit more time, energy and effort yet it can still result in our desired order! We place our order with the Universe with our conscious and our sub-consciousness thoughts. However, if negativity, fear or doubt seep into our thoughts, even subconsciously, we can be certain something unwanted will show up. Even with our restaurant order, a negative or angry thought can deliver to us poor service, tasteless food, or a much delayed order. The same is true with the manifesting process with the Universe. Fear, doubt, or negativity, either conscious or subconscious, will deliver to us more of the same fears, doubts and negativities. The Universe will "take our order" as sent via our thoughts.

How can we learn to manifest easily, quickly, and joyfully? For instance, if you want to "order up" the soul mate of your dreams you would not focus on "I don't want a jerk" and "I don't want a liar", and "I definitely don't want to get hurt again"! The Universe will "hear" and respond to exactly those words because the Universe responds to energy thoughts. There is no differentiation between want and don't want. The thought energy that is sent out is what will return. In order to get what you really want, your order must be filled with positive energy, clarity, and focus and combined with positive feelings and emotions. Then take appropriate action to be in alignment with your order. Be sure your mind menu feels good and brings you joy. The final part is to place your order, get out of the way, stay out of the kitchen, trust the chef, and expect for the waiter!